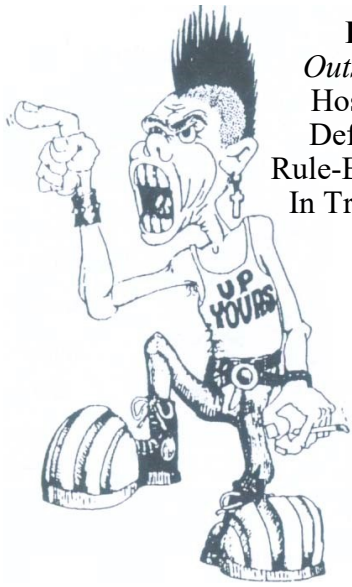


UNHEALTHY FAMILY ROLES

Scapegoat



Problem Child

| | |
|-----------------|----------------|
| <i>Outside:</i> | <i>Inside:</i> |
| Hostile | Rejection |
| Defiant | Hurt |
| Rule-Breaker | Guilt |
| In Trouble | Jealousy |
| | Anger |

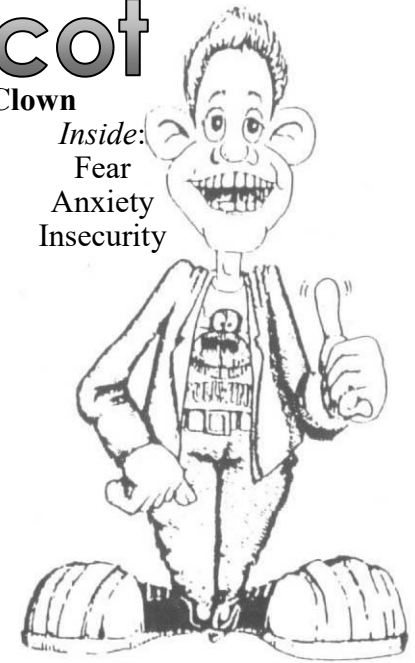


Mascot

Family Clown

Outside:
Immature
Fragile
Cute
Hyperactive
Distracting

Inside:
Fear
Anxiety
Insecurity



Victims

Chemically Dependant

Outside:
Hostile
Manipulation
Aggression / Self Pity
Blaming
Charming
Rigid Values

Inside:
Shame
Guilt
Fear
Pain
Hurt

Chief Enabler

Closest Emotionally to Victim

| | |
|-------------------|-----------------|
| <i>Outside:</i> | <i>Inside:</i> |
| Self-Righteous | Anger |
| Super-Responsible | Hurt |
| Sarcastic | Guilt |
| Passive | Low Self Esteem |
| Physically Sick | |
| Martyr | |



Lost Child

Forgotten Child

Outside:
Shy, Quiet
Fantasy Life
Solitary
Mediocre
Attaches to Things,
not People

Inside:
Rejection
Hurt
Anxiety



Family Hero

Caretaker of Family

| | |
|------------------|----------------|
| <i>Outside:</i> | <i>Inside:</i> |
| Good Kid | Guilt |
| High Achiever | Hurt |
| Follows Rules | Inadequacy |
| Seeks Approval | |
| Very Responsible | |

