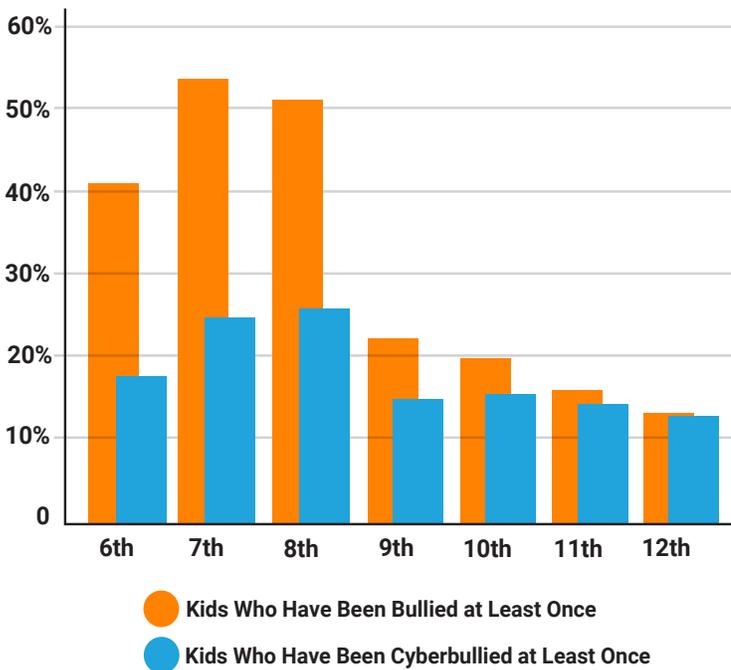


# Bullying & Cyberbullying Facts & Stats



## Bullying & Cyberbullying by Grade



**ACTIVITY CHALLENGE:** For real world discussion examples go to: [facinghistory.org/resource-library](http://facinghistory.org/resource-library) and pick a topic to discuss in class or at home.

## Effectiveness of School Bullying & Cyberbullying Prevention Programs

**23%**

School anti-bullying programs only decrease bullying by up to 23%, but they are more effective when parents participate.

**20%**

School anti-bullying programs only decrease cyberbullying by up to 20%. Parents cannot rely solely on these programs to educate and monitor kids.

## Bystander vs. Upstander

**BYSTANDER** is someone who watches bullying occur and may feel bad or guilty for doing nothing.

**UPSTANDER** is someone who, upon seeing bullying, assertively takes action by:

- Befriending the target of the bullying
- Resisting 'herd mentality'
- Refusing to support bullying even if a friend is doing the bullying
- Defending the target in public and private

## Fast Facts:

- **1 in 5** students report being bullied on and offline
- **160,000** students skip school daily because of bullying
- **57%** of bullying situations stop when a peer intervenes on behalf of the one being bullied
- Those who bully are at **four-times** greater risk for criminal behavior
- Cyberbullying rises in the 6th grade and peaks in the 8th grade, decreasing in high school when the frontal lobe matures and develops more empathy
- Only **20% - 30%** of students who have been bullied tell an adult
- **24%** of youth ages 8-17 admit to cyberbullying others
- Less than half of parents monitor their children's online activity