

About Pornography - Level 1

Staff Activity Guide



What's Included:

The purpose of this guide is to support teachers in empowering students to make positive choices even when faced with high-risk situations. In this guide you will find a Student Video Viewing Guide, Student Activity options, and a Brain Quiz with an answer guide. Each of these resources can be used independently or in conjunction with one another as time allows. For your planning purposes, please find the estimated time needed for each activity below.

- **Viewing the Video**

Without Student Video Viewing
Guide - 4:20 minutes

With Student Video Viewing
Guide - 10 minutes

- **Student Activities -**

Write About It Prompt - 5-10 minutes
Group Activity - 10 minutes
Independent Practice - 5 minutes
Extended Learning - 5-10 minutes

- **Brain Quiz - 5-10 minutes**

Student Video Viewing Guide Strategies:

- **Before the video (3-5 min) -**

Have students complete the **Do Now** question box to get the wheels turning

Ask students to **"pair and share"** with a classmate, and/or have a brief class discussion

Remind students to **"preview"** the Video Viewing Guide so that they know what they are listening for

- **During the video (3-5 min) -** Pause the video to talk about Check for Understanding (CFU). You can call out a few students to answer, and/or have them pair and share.

Pause the video to discuss - Why do you think seeing bad pictures online or in print can make you feel uncomfortable, embarrassed, or even sick to your stomach?

Pause the video to discuss - How can you train your brain and grow long, healthy brain networks to learn how to have positive and respectful feelings about yours and other people's bodies, how to have healthy relationships with others, and saying no to seeing bad pictures?

Continued On Back



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Student Activity Options:

- **Write About It Prompt (5-10 minutes) -**

- a. **Remember the brain's rule? Use it or Lose it!**
How can you train your brain to have healthy relationships with others, and saying no to seeing bad pictures? Do you think this will be hard to do? **Why?**

- **Independent Practice Activity (5 minutes) -**

- a. **Materials needed:** Pencil, 2 Post-It Notes
- b. **Criteria for Success:** Completed Post-Its (Negative effects of surges- may lead to addiction, we always want more, Things to do instead- Play sports, read a book, etc.)

- **Group Lesson Activity (10 minutes) -**

- a. **Materials needed:** White board or chart paper, marker
- b. **Criteria for Success:** Completed list (EX may include- Baseball, basketball. Dance, writing, reading, going for a walk, cooking with my sister, calling my Grandpa, helping my Dad build something)

- **Extended Learning Activity (10 minutes) -**

- a. **Materials needed:** None
- b. **Criteria for Success:** Student completes discussion at home with grown-ups

- **Brain Quiz Answer Key (5-10 minutes)**

1. Fill in the blank: Something risky that young people are having to deal with is _____. This is a word used to describe pictures of people without any clothes on. (pornography)
2. **True or False:** Viewing pornography may affect the growing brain. (**True**)
3. **True or False:** Young people can learn about relationships by viewing pornography because it often shows healthy attitudes or relationships. (**False**)
4. **True or False:** You can talk to a trusted adult to help you if you see pornography and are confused. (**True**)
5. **Free Response:** If you accidentally see or are shown pornography, what are some things you can do right away to train your brain and turn away? (EX- Click away/ off, talk to an adult, tell your friend "no thanks")