



About Pornography - Level 2

Staff Activity Guide

What's Included:

The purpose of this guide is to support teachers in empowering students to make positive choices even when faced with high-risk situations. In this guide you will find: a Student Video Viewing Guide, Student Activity Guide, and a Brain Quiz with an Answer Guide. Each of these resources can be used independently or in conjunction with one another as time allows. For your planning purposes, please find the estimated time needed for each activity.

Viewing the Video:

Without Student Video Viewing Guide - (6 minutes)

With Student Video Viewing Guide - (10 minutes)

Student Activities:

Activity #1 Write About It - (10 minutes)

Activity #2 Group Lesson Activity - (20 minutes)

Activity #3 Extended Learning- (20 minutes)

Brain Quiz:

(5-10 minutes)

Student Video Viewing Guide Strategies:

Before the video (3-5 minutes)

- Have students "popcorn out" (share without raising hand) to get the wheels turning- At what age do you think is the average age of first unwanted exposure to pornography?

During the video (3-5 minutes)

- Ask students to "pair and share" with a classmate what they think are reasons to avoid pornography?

During the video (3-5 min) - pause the video at times for Checks for Understanding (CFU). You can call out a few students to answer, and/or have them pair and share. Students can complete the brain quiz either during or after the video.



For more information and resources on this topic, please visit [BrainAbouts.Org](https://www.brainabouts.org).

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About Peer Pressure - Level 2

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Brain Quiz Answer Key: (5-10 minutes)

1. True or False: Pornography has a positive effect on the growing brain (Answer: False)
2. How is the "Use It or Lose It" principle associated with pornography? (Answer: b. Viewing pornography for lengths of time can cause the development of long strings of neurons for thinking and feeling in harmful and negative ways about relationships.)
3. Pornography causes spikes in dopamine, which can ultimately lead to: (Answer: a. addiction)
4. All of the following are strategies for protecting your brain from pornography EXCEPT: (Answer: d. Click on pornographic images at least once a day)
5. The increased use of the internet makes pornography (Answer: c. More accessible and more problematic)



Student Activity Options:

Activity #1 Write About It (10 minutes)

- a. Materials needed: notebook paper/ journal and writing utensil
- b. Directions: Write About It: Why could pornography create unrealistic expectations of sexuality?
- c. Criteria for Success: students are able to identify the connection between pornography and unrealistic expectations.

Activity #2 Group Activity (20 minutes)

- a. Materials needed: technology for research, notebook paper/ journal, and writing utensil
- b. Directions: divide the class into groups of 3-5 students. Have each group discuss --Pornography can cause unrealistic and unhealthy views about intimate relationships. What are ways to learn healthy views about intimate relationships? Brainstorm in your group. What are keys to healthy romantic relationships?
- c. Criteria for success: each group member is able to identify a key to healthy relationships and a strategy for learning.

Activity #3 Extended Learning Activity (20 minutes)

- a. Materials needed: needed:n/a
- b. Directions: divide the class into groups of 3-5 students. Have each group discuss the questions below. What is the hookup culture? What TV, media, or music promote the hookup culture? Provide specific examples. How can the hookup culture negatively affect teen development and self-image?
- c. Criteria for success: each group is able to produce 1-3 ways the hookup culture can negatively affect them as teenagers.

