



About Dating Violence - Level 3

Student Activity Guide

Think About It:

1. It takes two to date. What do you think this means? What if someone doesn't like you back?

2. Could "disrespect" be considered a form of dating violence? Yes or no? Why do you think that?

Brain Quiz!

- The part of the brain responsible for our emotions is the:
 - Frontal Lobe
 - Limbic System
 - Parietal Lobe
 - Prefrontal Cortex
- _____ is considered the "love hormone."
 - Oxytocin
 - Cortisol
 - Methamphetamine
 - None of the Above
- Dating violence can be categorized in all of the following ways EXCEPT:
 - physical violence
 - loving support
 - sexual abuse
 - mental abuse
- All of the following can be red flags in dating EXCEPT:
 - Control
 - Dishonesty
 - Intimidation
 - Violence
 - All of the above are red flags in dating
- Which of the following can signify a healthy relationship?
 - Disrespect
 - Dependence
 - Mutual respect
 - Hostility

Activity #1 Dating Code of Ethics:



Rank the order of importance of the statements below in terms of dating:

- Get permission from your parents
- Meet the person's parents
- Be honest and communicate
- Ask questions to get to know them
- Share things about yourself so they can get to know you
- Be considerate and think before you act or react
- Be safe
- Never do anything you do not want to do
- Never give in to peer pressure
- Respect yourself and the other person

Talk about your ranking in groups of 3-5 students

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Activity #2 Red Flags Art:



In groups of 3-5 students, brainstorm red flags of dating abuse and create visual art that educates other students on these red flags. Present your artwork to the class.

Activity #3 Personal Dating Code of Ethics:



The first activity gave a dating code of ethics. Use it as an example to create your own. (EX- respects my parents, supports me in my extracurricular activities, etc.)

My Dating Code of Ethics: