



# About Fentanyl - Level 2 Staff Activity Guide

## What's Included:

The purpose of this guide is to support teachers in empowering students to make positive choices even when faced with high-risk situations. In this guide you will find: a Student Video Viewing Guide, Student Activity guide, and a Brain Quiz with an answer guide. Each of these resources can be used independently or in conjunction with one another as time allows. For your planning purposes, please find the estimated time needed for each activity.

### Viewing the Video:

Without Student Video Viewing Guide - (7 minutes)  
With Student Video Viewing Guide - (10-15 minutes)

### Student Activities:

Activity #1 Group Activity - (20 minutes)  
Activity #2 Write About It - (10 minutes)  
Activity #3 Skit - (15 minutes)

### Brain Quiz:

(5-10 minutes)



## Student Video Viewing Guide:

### Before the video (3-5 minutes)

- Have students "popcorn out" (share without raising hand) to get the wheels turning, "Why is fentanyl so dangerous?"
- Ask students to "pair and share" with a classmate, and/or have a brief class discussion, "What can help reduce the number of fentanyl deaths?"

### During the video (3-5 minutes)

- Pause the video at times for Checks for Understanding (CFU). You can call out a few students to answer, and/or have them pair and share. Students can complete the brain quiz either during or after the video.

## Brain Quiz Answer Key: (5-10 minutes)

1. True or False: Fentanyl is a powerful synthetic opioid, which means it is a man-made drug. (Answer: True)
2. Fentanyl is \_\_\_\_\_ more potent than morphine. (Answer: d. 50-100 times)
3. Signs of a fentanyl overdose include all of the following except: (Answer: b. Happy and calm demeanor)
4. True or False: Fentanyl can be mixed with other drugs to resemble prescription pills. (Answer: True)
5. Fentanyl is responsible for approximately \_\_\_\_\_ deaths a day. (Answer: d. 150)





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## Staff Activity Guide

### Student Activity Options:

#### Activity #1 Group Activity (20 minutes)

- Materials Needed: Electronic device for research.
- Directions: Use the internet to find a story of a teen that had a fentanyl overdose. Share the scenario with a small group or with the class. Brainstorm lessons that can be learned from the teen's experience.
- Criteria for Success: Students are able to identify a lesson that can be learned from the experience of another.

#### Activity #2 Write About It (10 minutes)

- Materials Needed: journal/ notebook paper and writing utensil.
- Directions: Write About It. Why is fentanyl so deadly? What can you do to avoid being a victim?
- Criteria for Success: Student can identify one reason fentanyl is a deadly drug (Ex. Potent, highly addictive, may be present without the user knowing etc.)

#### Activity #3 Skit (15 minutes)

- Materials Needed: scratch paper and writing utensils for planning.
- Directions: Write each of the scenarios on a strip of paper below and put them in a jar. Divide the class into 4 groups of students (by counting off 1, 2, 3, 4). Have each group pick a scenario from the jar and create a skit depicting the scenario.
  - A teen is offered a pill at a party to help them relax. The teen refuses and includes reasons why. The teen finds an alternative solution.
  - A teen is offered a pill to help them stay awake and study. The teen refuses and includes reasons why. The teen finds an alternative solution.
  - A teen is offered a pill before practice that they are told will help with their energy. The teen refuses and includes reasons why. The teen finds an alternative solution.
  - A teen is feeling down and is offered a pill to help them feel better. The teen refuses and includes reasons why. The teen finds an alternative solution.

Have the students present their skits to the class.

- Criteria for Success: Each group creates a skit that can depict a teen saying "no" with at least 1 reason. The students identify an alternative, healthier solution to the problem.



For more information and resources on this topic, please visit [BrainAbouts.Org](https://www.brainabouts.org).

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