

# About Mental Health - Level 1

## Fun Challenge Worksheet

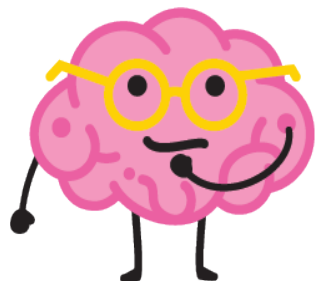


### Word Search

N	V	L	N	M	H	Z	Y	X	D	W	C	A	R	A	I	L	W
R	P	V	O	E	R	P	P	O	B	Q	O	D	M	Q	X	S	D
D	E	G	B	N	F	L	C	K	B	H	P	C	B	A	Q	W	E
M	S	Z	Z	T	E	T	W	J	W	A	I	T	O	N	R	K	P
O	K	K	M	A	E	L	V	A	D	R	N	H	X	X	Z	P	R
O	I	I	Z	L	L	S	I	B	K	V	G	O	I	I	R	N	E
D	L	P	N	H	I	B	N	N	E	Z	D	U	S	E	F	E	S
S	L	G	M	E	N	R	J	W	E	W	H	G	K	T	J	J	S
W	S	F	A	A	G	A	H	J	M	S	D	H	G	Y	Z	F	I
S	E	V	Q	L	S	I	N	Q	N	G	S	T	G	X	Y	L	O
T	X	H	V	T	E	N	Z	C	F	T	B	S	N	K	Y	M	N
O	A	S	G	H	K	K	C	D	T	O	U	T	N	Z	J	F	H

Find the following words in the puzzle.

Words are hidden → ↓ ↘



MENTAL HEALTH

DEPRESSION

LONELINESS

FEELINGS

THOUGHTS

ANXIETY

COPING

SKILLS

MOODS

BRAIN