

Grit - Pre-K to 2nd Teacher Guide



What is Included

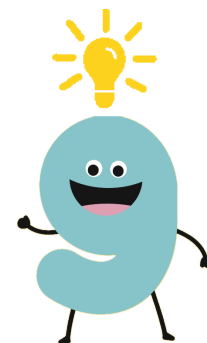
The purpose of this guide is to support teachers in empowering students to make positive choices even when faced with challenging situations. In this guide you will find: Connection Questions associated with the video, independent practice guidance, and extended learning opportunities. Each of these resources can be used independently or in conjunction with one another as time allows. For your planning purposes, please find the estimated time needed for each activity below.

Viewing the Video

- Watch the video together with the students.

Student Activities

- Connection Questions (before, during, and after the video) - 5-10 minutes.
- Fun Challenge, Student Activity, Drawing and Coloring Worksheet - 5-15 minutes.
- Extended Learning - 10 minutes.



Connection Questions and Checks for Understanding

Before the video 2-4 minutes

- Ask students:
- "What do you think grit means?"
- "Can you share a time when things didn't go your way, but you kept trying anyway?"

During the video 3-5 minutes

- Pause the video periodically to incorporate Checks for Understanding (CFU).
- Ask students: "What are some things that Grit does to keep trying to complete the puzzle and not give up?" (Answer: Takes a break and then comes back.)

After the video

- "What are some suggestions Grit's dad had for not giving up?"
(Answer: Taking a break, getting a drink of water, saying positive things to yourself, play outside, take a shower.)
- "Can you think of some other ideas that might help you not give up when you're feeling frustrated?"
- "What part of the brain helped Grit work through frustration and not give up?"
(Answer: Frontal lobe)

Independent Practice



Fun Challenge Worksheet

- Exciting introduction to the activities ahead.

Drawing/Coloring Worksheet

- Students can express themselves and relax their minds.

Student Activity Worksheet

- For grades 1st and 2nd.

Extended Learning

Read and Discuss

Read and Discuss how Grit is demonstrated in the following books:

Paper Son: The Inspiring Story of Tyrus Wong, Immigrant and Artist
by Julie Leung

The Little Engine That Could: 90th Anniversary Edition
by Watty Piper

Fauja Singh Keeps Going
by Simran Jeet Singh

She Persisted
by Chelsea Clinton

Girls on Wheels
by Srividhya Venkat

Jabari Tries
by Gaia Cornwall

