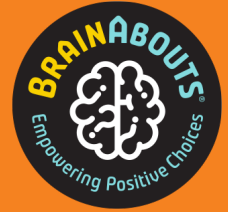


Honesty - Pre-K to 2nd Family Resource

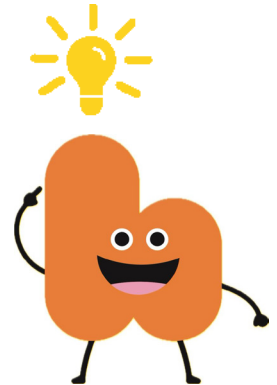


What is BrainAbouts?

BrainAbouts is a prevention and early intervention ecosystem that empowers young people to make positive choices, supports parents, and helps school staff overcome implementation obstacles with brain-based programming.

Learning about Honesty- Students learned that...

1. Being honest means always telling the truth, no matter the situation.
2. When we tell a lie, our amygdala can feel stressed, guilty, and worried about getting caught.
3. Being honest shows that you have integrity. People with integrity make good choices, even when no one is around, and they always tell the truth, even if it means facing consequences.



Family Connection

1. Talk about a time when you told the truth, even when it was difficult.
2. Share a time when someone lied to you and how it made you feel.
3. Sing the "Honesty Song" together, and let your child teach you the tune!

Honesty Song

