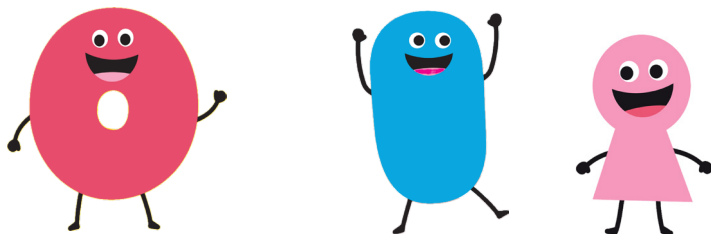


# Optimism - Pre-K to 2nd Activity Worksheet

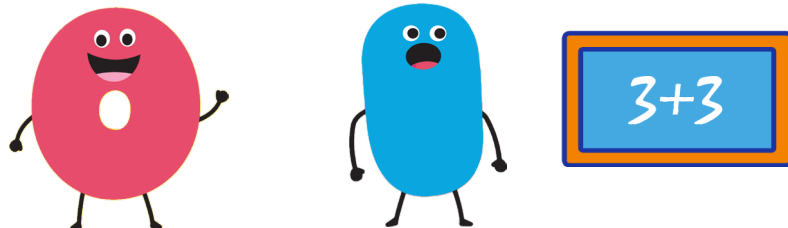
Optimism is the ability to see the positive side of things. It is seeing the good in every situation and believing that things will turn out well, no matter how challenging they may be.



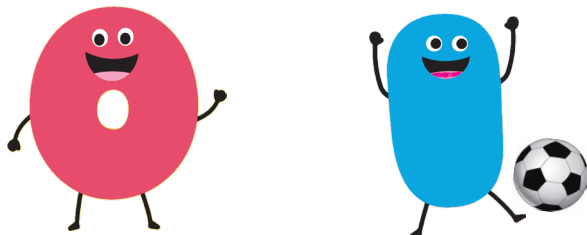
**Directions** Help Optimism match each sentence with the correct box labeled "Optimistic" or "Not Optimistic"



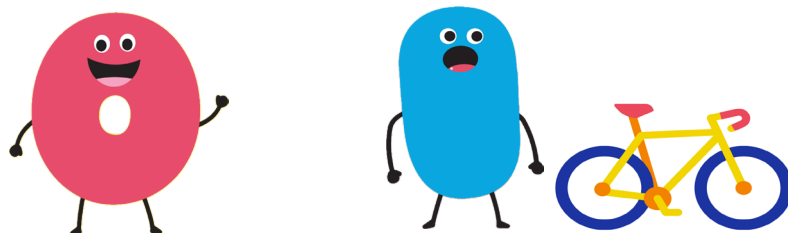
You believe others will like you and want to be your friend.



If a problem is hard, you think, "I cannot finish the problem."



Even if you've never played sports before, you believe you can learn and have fun.



Believing, "This is too hard, I'll never ride a bike."

Optimistic

Not Optimistic