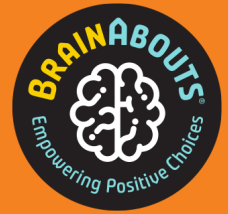


Respect - Pre-K to 2nd Family Resource



What is BrainAbouts?

BrainAbouts is a prevention and early intervention ecosystem that empowers young people to make positive choices, supports parents, and helps school staff overcome implementation obstacles with brain-based programming.

Learning about Respect- Students learned that...

1. Respect is a positive way of treating or thinking of friends, family, teachers, and other people that involves caring for the feelings of others through your actions. Respect means that you accept other people for who they are, even when they are different from you, or you don't agree with them.
2. We can show respect to ourselves by taking care of our bodies by getting a good night's sleep, drinking lots of water, eating healthy foods, and making good decisions.
3. Showing respect is important because it helps you and others feel happy and valued. To value someone is to believe that they are important and worthy of being treated kindly.



Family Connection

1. Each person take turns sharing how we can respect each other.
2. Give examples of how we can respect our earth.
3. Make a list of ways we can respect ourselves.
4. Sing the "Respect Song" together, have your child help teach you the tune!

Respect Song

